



## One For All

It's always easier to get everything you need—and the quality you expect—at the same place. With Blue Cross & Blue Shield of Rhode Island (BCBSRI) as your medical and dental administrator, you'll get:

- A whole-body solution that meets all of your employees' healthcare needs
- An account service professional who will provide consultation, information, and strategic guidance
- Easier health plan administration, including a single bill, one plan administration tool, and comprehensive reporting
- The comfort of knowing you're providing for your employees, while creating a healthier, more productive workforce

## One Network, 127,000 Dentists

The Blue Cross Dental network features more than 127,000 dentists across the country, including nearly 90 percent of dentists in Rhode Island.



*Your employees will have in-network coverage available wherever they live, work, and travel.*

## One Mouth, One Body, One Connection

Proper dental care is a key part of maintaining your employees' overall health. Studies have shown a true mouth-body connection. Oral health issues affect more than just your employees' appearance. Good oral health can help:

- Better manage chronic diseases such as diabetes and coronary heart disease
- Lower the risk of delivering low-birth weight babies

Our dental plans provide comprehensive benefits and cover cleanings, dental examinations, X-rays, and more. The plans include:

- Coverage for sealants
- Two cleanings per year
- Reimbursements for out-of-network services, up to the dental network allowance
- Panoramic X-rays

### Did You Know?

- 164 million work hours are lost every year to dental health issues.<sup>1</sup>
- Nearly 75 percent of American adults suffer from various forms of gum disease—from simple inflammation to severe cases—and don't even know it.<sup>2</sup>
- More than 90 percent of all systemic diseases have oral health symptoms.<sup>3</sup>

*To learn more about our plans, please talk to your BCBSRI account representative today!*

500 Exchange Street • Providence, RI 02903-2699

Blue Cross & Blue Shield of Rhode Island is an independent licensee of the Blue Cross and Blue Shield Association.

<sup>1</sup> 2010 report from Pew Center

<sup>2</sup> American Dental Hygienist Association

<sup>3</sup> Academy of General Dentistry